

## Beef. One of Nature's Best Tasting Multivitamins...

95% lean ground beef contains high percentages of the Daily Value \* of essential nutrients.

17% B-6

44% B-12

26% Selenium

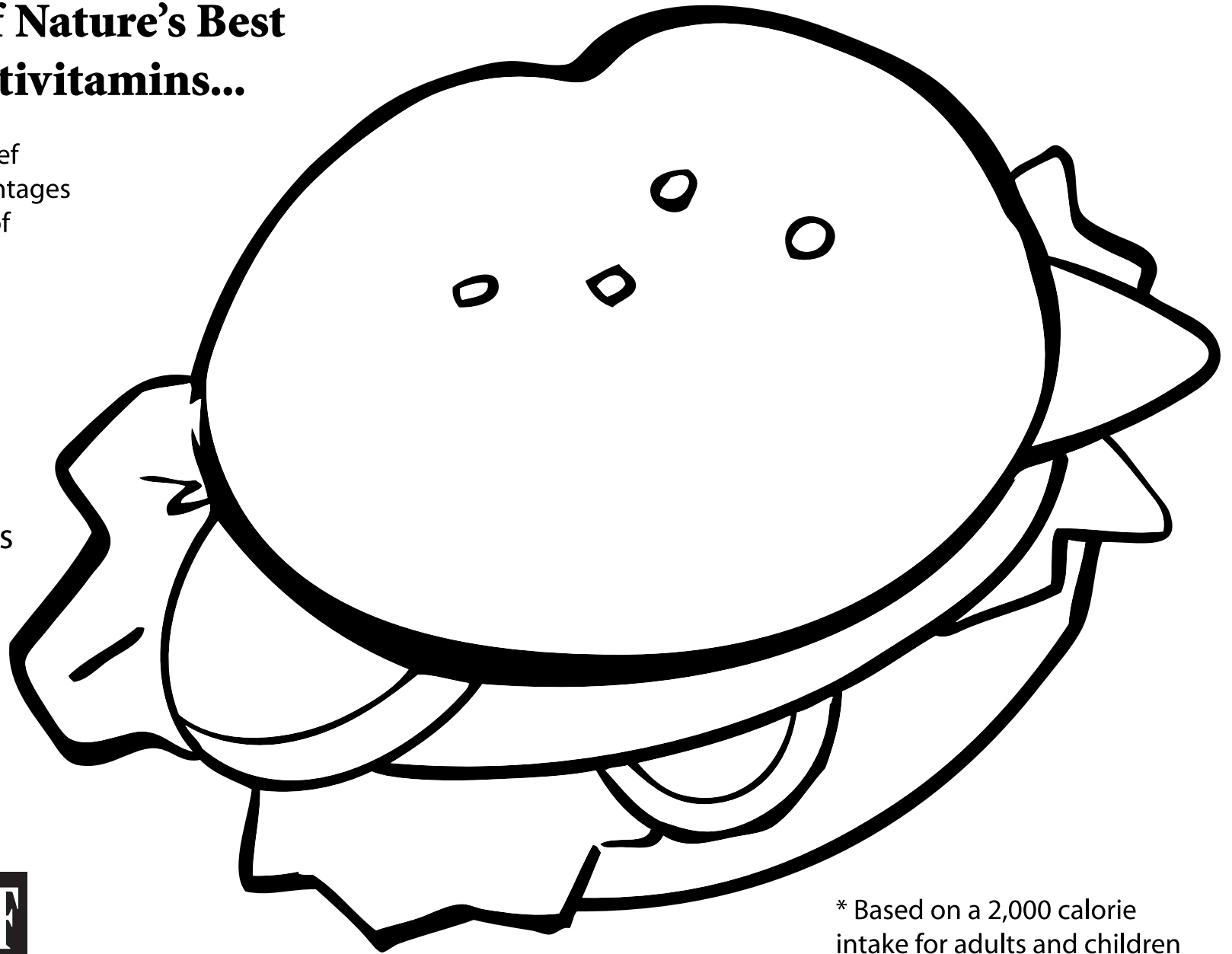
27% Niacin

37% Zinc

19% Phosphorus

44% Protein

13% Iron



**BEEF**

IT'S WHAT'S FOR DINNER.®

\* Based on a 2,000 calorie intake for adults and children ages 4 and up